Population structure

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My background

* Family

* BS at UW in bioengineering, *Drosophila* development
* PhD in Stanford genetics, MS in bioinformatics

* Broad for postdoc (2.5 yrs)



My advice

- * Identify great mentors
- * Work on a problem that fascinates you. (What intellectual concepts keep you up at night?)
- * Establish a mentorship committee. Career goals? Areas of development? Milestones? Funding sources? "Soft" skills. Networking opportunities.
- * Use us! Reach out! We really want this to be a lasting collaboration and envision you as the next generation of psychiatric genetics leaders in Africa.

European bias leaves vast genetic and phenotypic diversity undiscovered



- * Popejoy et al: Non-European study participants increased 4% → 20% between 2009 → 2016. Mostly Asian, US minorities unchanged.
- * Manrai et al: Allele frequency differences
 → genetic misdiagnoses of hypertrophic cardiomyopathy in African Americans
- * ExAC: Europeans have the fewest homozygous loss-of-function variants, not helpful for disentangling disease role

Popejoy, A.B., and Fullerton, S.M. (2016). Genomics is failing on diversity. Nature 538, 161–164. Manrai, A.K., et al. (2016). Genetic Misdiagnoses and the Potential for Health Disparities. NEJM 375, 655–665. Lek, M., et al. (2016). Analysis of protein-coding genetic variation in 60,706 humans. Nature 536, 285–291.

Serial founder effects

Historical human migration routes



Henn, Cavalli-Sforza, and Feldman (2012) PNAS

Reduction in diversity due to serial founder effects



Henn, Cavalli-Sforza, and Feldman (2012) PNAS



S Mallick et al. Nature 1–6 (2016) doi:10.1038/nature18964

Decline in heterozygosity out-of-Africa

Synonymous Heterozygotes

Nonsynonymous Heterozygotes



Basic population structure

What is population structure?



* Can be caused by multiple barriers to random mating: geography, language, ancestry

- * Random mating is an important assumption in pop gen and stat gen models, usually assess population structure first
- * Two commonly used methods of detecting structure are allele frequency-based clustering algorithms and principle component analysis

How does population stratification affect association analyses?



Disease more common in Population 2

- oversampling cases
 from this population
 relative to controls
- any allele that is more common in Pop 2 appears associated with the disease

Marchini et al., Nat Genet 2004

Population structure with clustering algorithms

I'm 80% red and 20% blue!

L'S

Each bar represents I individual. The number of colors is the number of potential ancestries. Proportion of different colors is the proportion of different ancestries for that individual

- Ladas Handle Alan Shekalar

Continental ancestry



Fig. 1. Individual ancestry and population dendrogram. (**A**) Regional ancestry inferred with the *frappe* program at K = 7 (13) and plotted with the Distruct program (31). Each individual is represented by a vertical line partitioned into colored segments whose lengths correspond to his/ her ancestry coefficients in up to seven inferred ancestral groups. Population labels were added only after each individual's ancestry had been estimated; they were used to order the samples in plotting.

Li, J.Z., et al. (2008). Science 319, 1100-1104. Global PCA



Genes mirror geography



Novembre, J., et al. (2008). Nature 456, 98–101.

Fixation index (FST)



 Measures divergence across population pairs (S = subpopulations, T = total)

* H = heterozygosity

$$F_{ST} = 1 - \frac{H_S}{H_T}$$
$$= 1 - \frac{2p_S q_S}{2p_T q_T}$$

How genetic structure changes

How does population structure change? Changes in allele frequencies through time

* mutation

* migration

* natural selection

* genetic drift

* non-random mating

How does population structure change? Changes in allele frequencies through time * mutation spontaneous change in DNA * migration Human mutation rate: ~I.2 X 10⁻⁸ / bp * natural selection ▶ -80-100 total de novo variants * genetic drift

* non-random mating

<1 de novo coding variant

How does population structure change? Changes in allele frequencies through time

* mutation

* migration

individuals moves into population, introduce new alleles ("gene flow")



How does population structure change? Changes in allele frequencies through time

> certain genotypes produce more/less offspring

differences in survival and reproduction → differences in "fitness"

Many kinds: balancing (e.g. sickle-cell), positive (e.g. height), negative (most common), etc

* mutation

* migration

* natural selection

* genetic drift

* non-random mating



Positive selection

- * **High altitude**: convergent evolution in Tibet, the Andes, and Ethiopian highlands
- * Host-pathogen interactions: Trypanosomes-African sleeping sickness, malaria-sickle cell
- * Arctic environment/diet: Greenlandic population, FADS
- * Dairy consumption: Lactase persistence
- * UV radiation: skin pigmentation

Yi, X., et al. (2010). Science 329, 75–78. Zhou, D., et al. (2013). AJHG. 1–11. Alkorta-Aranburu, G., et al. (2012). PLoS Genet. 8, e1003110. Genovese, G., et al. (2010). Science 329, 841–845. McManus, K.F., et al. (2017). PLoS Genet. 13, 48–65. Moltke, I., et al. (2014). Nature 512, 190–193. Tishkoff, S. A., et al. (2007). Nat. Genet. 39, 31–40. Martin, A. R., et al (2017) (submitted) How does population structure change? Changes in allele frequencies through time

* mutation

genetic change by chance alone

* migration

* natural selection

occurs in small populations

* genetic drift

* non-random mating



How does population structure change? Changes in allele frequencies through time

* mutation

* migration

* natural selection

* genetic drift

* non-random mating

assortative mating: mate with more similar type than random

Examples: education, height, skin color Hispanic/Latinos

CLM

PEL

▲ PUR

MXL

1.00-(Chrx) 0.50 0.50 0.25 Population 0.00 0.25 0.50 0.75 1.00 0.00 EUR (autosome)

Linkage disequilibrium



Linkage disequilibrium is the non-random association of alleles at different loci.

Recombination is the exchange of DNA between chromosomes, resulting in a new genetic combination that is different from parents.

LD decay across 1000 Genomes populations



Effective population size

The **effective population size** (N_e) is the population size that would result in the same rate of drift in an idealized constant population size, obeying our modeling assumptions, as that observed in our true population.



Prado-Martinez, J., et al. (2013). Nature 1-5.



Haplotype sharing provides insights into fine-scale population history



2: Southwest coastal region started growing longer ago
12: Lapland maintained very little growth for extended period



African origins and population structure

What do we know about African population history?

Anatomically modern humans originated in Africa





Klein 1999

White 2003

Timing of population divergence within Africa

- * Oldest divergence is between KhoeSan populations and everyone else (120-90 kya)
- * Divergence between Central and Eastern Africans: 70-45 kya
- * Eurasians split from Eastern African common ancestor



Linguistic structure

- * 5 major language families in Africa
- * Expansion of Niger-Congo language 4,000 years ago
- * Most isolated and most controversial language family is Khoisan



Population structure



Structure within Africa



Henn, B.M., et al. (2011). PNAS. 108, 5154-5162.



- * African populations are highly structured (pre-Bantu expansion)
 - * Time depth of structure is unresolved (-120-40 kya)
 - * Despite recent gene flow, underlying structure and diversity is detectable



Campbell, M.C., & Tishkoff, S.A. (2008). Annu Rev Genomics Hum Genet 9, 403-433.

Transferability of Eurocentric genetic studies to diverse populations

Martin, A.R., et al. (2017). Human Demographic History Impacts Genetic Risk Prediction across Diverse Populations. AJHG. 100, 635–649.

1000 Genomes Project



The 1000 Genomes Project Consortium (2015). A global reference for human genetic variation. Nature 526, 68-74.

Local ancestry inference in recently admixed genomes



Biased genetic discoveries

Global population



Psychiatric Genetics Consortium GWAS



Biased genetic discoveries

Whole genome





Biased genetic discoveries

Whole genome

GWAS catalog



How do biased genetic studies impact the transferability of GWAS findings?

Computing polygenic risk scores from summary statistics

* LD clumping

* P-value thresholds



 $X = \sum g_i \beta_i$ i=1

Interpreting polygenic risk scores



Polygenic height score appears to reflect adaptive event in Europeans



Wood, A.R., et al. (2014). Nature Genetics 46, 1173-1186.

Polygenic height score appears to reflect adaptive event in Europeans... <u>and bias</u>



Wood, A.R., et al. (2014). Nature Genetics 46, 1173-1186.

Polygenic risk of Type II diabetes highlights role of demography



Interpreting polygenic risk

scores



Coalescent model for simulation framework



msprime: Kelleher, J., Etheridge, A.M., and Mcvean, G. (2016). PLoS Comput Biol 1–22.

Simulation overview



2. Assign evenly spaced causal variants

4 4 4 4 4 4 4 4 4 4

3. Compute PRS_{TRUE} $X = \sum_{i=1}^{m} g_i \beta_i$

i=1

Run a EUR GWAS

4. Define EUR cases, controls (10k each)



6. Compute PRS_{INFER} across populations

 $X = \sum g_i \beta_i -$

PRSTRUE is not significantly different across populations

True causal variants





Simulations demonstrate inconsistent, unpredictable biases across populations



Simulations demonstrate inconsistent, unpredictable biases across populations

Analogous to different traits:



Simulations demonstrate inconsistent, unpredictable biases across populations



For a given trait, impossible to predict *a priori* which population will have highest inferred risk!

Prediction accuracy decays with genetic divergence



Prediction
 accuracy is highest
 in the European
 discovery cohort

* The European bias diminishes the potential for clinical viability

Schizophrenia prediction accuracy recapitulates transferability issue



Multi-ethnic schizophrenia GWAS

- * -37k and -113k European cases and controls
- * -13k and -16k East Asian cases and controls

* Prediction in East Asians from both populations

Schizophrenia prediction accuracy recapitulates transferability issue EAS training, EAS testing EUR training, EAS testing





Despite ~3X larger European sample size, prediction is 37% worse with European training data

Genetic risk scores are becoming widespread and translational



Incorporating a Genetic Risk Score Into Coronary Heart Disease Risk Estimates

Effect on Low-Density Lipoprotein Cholesterol Levels (the MI-GENES Clinical Trial)

Genetic Risk, Adherence to a Healthy Lifestyle, and Coronary Disease

Polygenic risk score predicts prevalence of cardiovascular disease in patients with familial hypercholesterolemia

Conclusions

- * Using large-scale genomics, we can learn about population history information modern structure
- * GWAS studies and tools (e.g. imputation, arrays, statistical methods) are biased towards Europeans
- * Polygenic risk scores are unpredictably biased across populations (not straightforward to correct with PCs alone)
- * Clinical challenges of interpretability across populations cautions genomic health disparities

Future directions

* As a field: Increase diversity in genetic studies

- * Developing better polygenic risk methods: use LD from both populations to correct effect size estimates
- * Longer term: incorporate local ancestry in prediction
- * Extending simulations: multiple populations are available
- * Extending simulations: couple effect size and allele frequency (i.e. invoke selection)

 $\beta \sim N(0, f_i(1 - f_i)^{\alpha} c)$ $\alpha = -0.35 \pm 0.05$

Interested in African pop gen in NeuroDev/NeuroGAP?

Let's work together!

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